



# TRIATHLON

Venue: Hudayriyat Island

Date	Start Time	End Time	Activity
7th Feb	10am	12pm	Bike Course Familiarisation
	3.30pm	4.15pm	Swim Course Familiarisation
	5:30am	7pm	Race Village Opens
	6am	7am	Bike Check-In: Standard
	7:30am	12pm	<b>Standard Triathlon Race + Para Athletes</b>
	8am	9am	Bike Check-In: Sprint Distance
	9am	10am	Bike Check-In: Super Sprint Distance
	9.30am	12pm	<b>Sprint Triathlon Race + Para Athletes</b>
	10:30am	12pm	<b>Super Sprint Triathlon Race</b>
	TBC		Awards Ceremony
8th Feb	11:30am	12.30pm	Bike Check-Out: All Triathlon Races
	11:45am	12:15pm	Bike Check-In: Duathlon
	12:30pm	2.30pm	<b>Sprint Duathlon Race</b>
	2pm	3pm	Bike Check-Out: Duathlon Race
	2.30pm	3pm	Transition Check-In: Aquathlon
	3.30pm	5.30pm	<b>Aquathlon Race</b>
	5pm	6pm	Transition Check-Out: Aquathlon Race
	TBC		Awards Ceremony
	7pm		Race Village Closes