



OPEN MASTERS GAMES

ABU DHABI 2026

TABLE TENNIS



Updated: November 28, 2025

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ACTIVE FOR LIFE**

1. General Information

Requiring lightning-fast reflexes and precise control, table tennis delivers rapid rallies and strategic plays. It's a game of finesse where every spin and serve can turn the tide.

1.1. Governance

The Table Tennis event will be conducted in line with the competition rules of the International Table Tennis Federation (ITTF), UAE Table Tennis Federation, or as otherwise specified in this document.

1.2. Eligibility

In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you are 39 years old during the Games time but turn 40 by 31 December 2026, you would compete in the 40-44 age category.

Athletes can enter a maximum of three individual events - one singles, one doubles and one mixed double. The age category entered in each of the individual events can be either the athlete's actual age category or a younger category.

In doubles and mixed doubles, the age category entered must be either the actual age category or a younger age category of the younger partner.

- Example #1: an 84-year-old female athlete can enter the 80+ or the 75+ or the 70+ or the 65+ etc women's singles. She can also enter one double and one mixed doubles event for which the age category will depend on the younger partner.
- Example #2: a 52-year-old male athlete can enter the 50+ men's singles, 45+ men's doubles (with his 45-year-old male partner) and 35+ mixed doubles (with his 38-year-old female partner).
- Example #3: a 49-year-old female athlete can enter the 45+ women's singles and the 45+ women's doubles (with her 72-year-old female partner). She cannot enter the 70+ doubles event with her 72-year-old female partner.
- Example #4: two 45-year-old male athletes (playing partners) can enter the 45+ OR the 40+, OR 35+, OR 30+ men's doubles event, not more than one.

Health Declaration

Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in OMGAD events.

1.3. Dates

	Feb 7 Saturday	Feb 8 Sunday	Feb 9 Monday	Feb 10 Tuesday	Feb 11 Wednesday	Feb 12 Thursday	Feb 13 Friday	Feb 14 Saturday
Table								
Tennis								

1.4. Venue

[Abu Dhabi National Exhibition Centre](#)

2. Competition Information

2.1. Disciplines, Events & Grading

Discipline	Category			
	Classification	Grade	Gender	Age
Singles	N/A	Competitive	Male	30+, 35+,
			Female	40+ 45+,
		Recreational	Male	50+, 55+,
			Female	60+, 65+, 70+, 75+, 80+
Doubles	N/A	Competitive	Male	30+, 35+,
			Female	40+ 45+,
			Mixed	50+, 55+,
		Recreational	Male	60+, 65+,
			Female	70+, 75+,
			Mixed	80+
Para Singles	Sitting 1-5	Open	Male	30+, 40+,
	Standing 6-10		Female	50+
Para Doubles	Sitting 1-5	Open	Male	30+, 40+,
	Standing 6-10		Female	50+
Para Mixed Doubles	Sitting 1-5	Open	Mixed	30+, 40+,
	Standing 6-10			50+

The following grade definitions have been determined for the Table Tennis competition:

- **Competitive:** For all players who have competed at an international or national team level, and those who have competed in national, provincial/state championships, and club players.
- **Recreational:** This grade is for those who play in non-competitive leagues and for social and casual players.

The OMGAD2026 reserves the right to move athletes into a different grade.

If there are insufficient entries in an age category or division, these may be combined to conduct a viable competition. The awarding of medals will not be affected, that is, individuals or doubles will still be awarded medals in the age category or division in which they originally entered.

Para Classification¹

The OMGAD2026 will offer national classification opportunities in the days prior to the start of the competition. International Classifiers will be available for the following impairment:

- PI: Physical Impairment

Only Athletes with 'New' sport class status must undergo national classification on site and must bring all relevant medical documentation (In ENGLISH).

Athletes will need to present themselves for classification at the date and time designated by the sport. As a result, the classification outcomes will not be officially recognized by the respective International Federations.

Sport Class Status:

- Sitting are Classes 1-5
- Standing are classes 6-10

Eligible sport class status to participate in the Games are as follows.

- N = New
- R = Review

¹ Added para classification information 19/11

- FRD = Fixed Review Date
- C = Confirmed

2.2. Format

All matches will be the best of five advantage games to 11 points.

Individual events will be conducted with the first stage of the singles events played as a three or four player round robin with the top two placed players from each group proceeding to the main draw.

2.3. Schedule

A *preliminary* schedule has been uploaded to the website. You can download the file [here](#). This is subject to change dependent on number of entries.

3. Technical Details

3.1. Technical Delegate

The Technical Delegate endorsed by the UAE Table Tennis Association will be announced in the final version of the competition guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

3.2. Other Technical Details

4. Equipment & Uniform

4.1. Equipment

ITTF approved competition table tennis tables, nets and balls will be provided for competition matches.

Athletes are advised to bring their own balls for training and their own water bottles and strapping tape. Individuals are responsible for the safekeeping and storage of their own equipment.



4.2. Uniform

Dress requirements for the sport are a shirt and shorts. Female athletes may wear a skirt if they desire. Footwear must have light non-marking soles to ensure the floor is not damaged.

The table tennis ball colour is white, therefore, players will not be permitted to wear white clothing.

5. Awarding

5.1. Medals

The top 3 athletes will be awarded the gold medal, silver medal and bronze medal respectively.

5.2. Ceremonies

- In OMGAD2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
- The medal ceremony will be held after each final.
- The medal ceremony will be conducted in Arabic and English.

6. Protests and Appeals

6.1. Protests

- Competition-related disputes and protests shall be handled according to rules and related regulations of the international association of the sport. If there are no rules regarding such disputes and protests in place, the competitor may first make verbal protest and submit written protest to OMGAD within 30 minutes after the end of a contest.
- No protest can be lodged by any team members or staff against a judging (scoring) decision during the competition period.

6.2. Appeals

- Based on the principle of trust, the Organizer will not take the initiative to review the grade of athletes upon registration. Matters regarding athlete qualifications and grades should be submitted to the Organizer with relevant supporting

materials before the Games or when the fact occurs. The complaint will be handled in accordance with the rules and relevant regulations of international sports federations and relevant regulations.

- Applications that are not submitted within the stipulated time or with incomplete materials will not be accepted.

7. Doping Control

7.1. Regulations

- Doping Control should be conducted in accordance with WADA World Anti-Doping Code (<https://www.wada-ama.org/en>) and International Masters Games Association (IMGA) Anti-Doping Rules (<https://imga.ch/masterssports/anti-doping>).
- Participants are deemed to have agreed to be subject to doping control procedures in accordance with the International Masters Games Association Anti-Doping Rules upon entry to the competition. Participants must obey antidoping rules and conduct themselves in a considerate manner.

8. Updates

The final version of the competition guide will be released by December 15th. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae