



ألعاب الماسترز
OPEN MASTERS GAMES
أبوظبي 2026 Abu Dhabi 2026

SQUASH SPORT INFORMATION GUIDE

Squash

Played in a fast-moving enclosed court, squash is a sport of endurance, agility, and quick reflexes. Masters' players will engage in intense rallies, showcasing speed and tactical shot placement.

Competition dates

Squash competition for Open Masters Games Abu Dhabi 2026 (OMGAD2026) will offer singles and mixed (doubles) competitions.

The Competition dates for Squash is as follows:

	February 7 Saturday	February 8 Sunday	February 9 Monday	February 10 Tuesday	February 11 Wednesday	February 12 Thursday	February 13 Friday	February 14 Saturday
Squash								

All dates and times are subject to change, pending final entries received.

Competition Schedule

Below is the preliminary schedule. This schedule is subject to change pending final entries received. The final detailed schedule will be released in January 2026.



SQUASH

Venue: Fatima Bint Mubarak Academy

Grade	Gender	Age	07-Feb Sat	08-Feb Sun	09-Feb Mon	10-Feb Tue	11-Feb Wed	12-Feb Thu	13-Feb Fri	14-Feb Sat
Competitive	Male	35+	Round 1 & 2	Round 3	Gold & Bronze Medal					
		50+	Round 1 & 2	Round 3	Gold & Bronze Medal					
		65+			Round 1	Round 2	Round 3, Gold & Bronze Medal			
		75+			Round 1	Round 2	Round 3, Gold & Bronze Medal			
	Female	35+	Round 1 & 2	Round 3	Gold & Bronze Medal					
		50+	Round 1 & 2	Round 3	Gold & Bronze Medal					
		65+			Round 1	Round 2	Round 3, Gold & Bronze Medal			
		75+			Round 1	Round 2	Round 3, Gold & Bronze Medal			
	Mixed Doubles	35+						Round 1	Round 2	Round 3, Gold & Bronze Medal
		50+						Round 1	Round 2	Round 3, Gold & Bronze Medal
		65+						Round 1	Round 2 & 3	Gold & Bronze Medal
		75+						Round 1	Round 2 & 3	Gold & Bronze Medal
Recreational	Male	35+	Round 1	Round 2 & 3		Gold & Bronze Medal				
		50+	Round 1	Round 2 & 3		Gold & Bronze Medal				
		65+			Round 1	Round 2	Round 3	Gold & Bronze Medal		
		75+			Round 1	Round 2	Round 3	Gold & Bronze Medal		
	Female	35+	Round 1	Round 2 & 3		Gold & Bronze Medal				
		50+	Round 1	Round 2 & 3		Gold & Bronze Medal				
		65+			Round 1	Round 2	Round 3	Gold & Bronze Medal		
		75+			Round 1	Round 2	Round 3	Gold & Bronze Medal		
	Mixed Doubles	35+						Round 1	Round 2	Round 3, Gold & Bronze Medal
		50+						Round 1	Round 2	Round 3, Gold & Bronze Medal
		65+						Round 1	Round 2 & 3	Gold & Bronze Medal
		75+						Round 1	Round 2 & 3	Gold & Bronze Medal

Venue:

Fatima Bint Mubarak Academy

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Competition Format

The OMGAD2026 Squash competition will be held over 8 days. The events, grades and age categories for Squash are as follows:

Sport	Competition Division	Age Categories
Squash	Competitive	
	Singles (Individual)	Men's: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+
	Mixed (Doubles)	Women's: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+
	Recreational	
	Singles (Individual)	Men's: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+
	Mixed (Doubles)	Women's: 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+

The age category you will compete in for Squash will be determined as of 31st of December 2026. For example, if you are 39 during the Games but turning 40 before 31st of December 2026, you will compete in the 40+.

Grade Definitions

The following grade definitions have been determined for the Squash competition:

- Competitive: This grade is for players who have competed at an international or national team level and players who have competed in national, provincial/state championships and competitive leagues.
- Recreational: This grade is for those who play in non-competitive leagues and for social and casual players.

Competition Details

The squash event will be conducted in line with the competition rules of the UAE Squash Association, or as otherwise specified in this document.

Singles/Individual Events

Players may only enter one age category in the singles competition.

The OMGAD2026 reserves the right to combine any categories. A Swiss draw, knockout or round robin system will operate for the singles competition to cater for all standards. The format will be decided after the registration deadline passes.

- If up to 5 players, round robin system
- If 6 to 10 players, knock out system but losers play against each other
- If more than 10 players, knock out system

Technical Delegate

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The Technical Delegate endorsed by UAE Squash Association will be announced in the final version of the guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

Equipment

Game squash balls, approved by WSF, will be provided for competition. Individuals are advised to bring their own balls for training. Individuals are advised to bring their own water bottles and strapping tape and are responsible for the safekeeping and storage of their own equipment.

Uniforms

Athletes must wear neat Squash clothing in accordance with WSF standards.

Updates

The final version of the competition guide will be released by December 1st. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae

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