

OPEN MASTERS GAMES

ABU DHABI 2026

SQUASH



Updated: November 25, 2025

1. General Information

Played in a fast-moving enclosed court, squash is a sport of endurance, agility, and quick reflexes. Masters' players will engage in intense rallies, showcasing speed and tactical shot placement.

1.1. Governance

The squash event will be conducted in line with the competition rules of the UAE Squash Association, or as otherwise specified in this document.

1.2. Eligibility

In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you are 39 years old during the Games time but turn 40 by 31 December 2026, you would compete in the 40-44 age category.

Players may only enter one age category in the singles competition.

Health Declaration

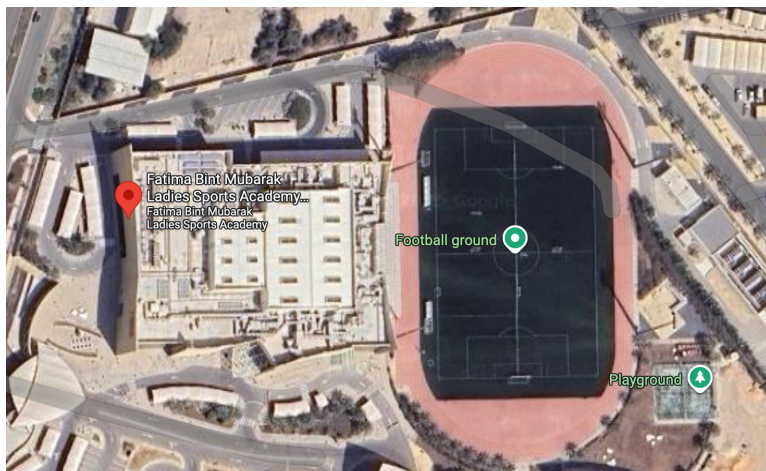
Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in OMGAD events.

1.3. Dates

	Feb 7 Saturday	Feb 8 Sunday	Feb 9 Monday	Feb 10 Tuesday	Feb 11 Wednesday	Feb 12 Thursday	Feb 13 Friday	Feb 14 Saturday
Squash								

1.4. Venue

[Fatima Bint Mubarak Academy](#)



2. Competition Information

2.1. Disciplines, Events & Grading

Event	Grade	Category	
		Gender	Age
Singles	Competitive	Male	35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+
		Female	
	Recreational	Male	
		Female	
Mixed Doubles	Competitive	Mixed	
	Recreational		

The following grade definitions have been determined for the Squash competition:

- **Competitive:** This grade is for players who have competed at an international or national team level and players who have competed in national, provincial/state championships and competitive leagues.
- **Recreational:** This grade is for those who play in non-competitive leagues and for social and casual players.



2.2. Format

A Swiss draw, knockout or round robin system will operate for the singles competition to cater for all standards. The format will be decided after the registration deadline passes.

- If up to 5 players, round robin system
- If 6 to 10 players, knock out system but losers play against each other
- If more than 10 players, knock out system

2.3. Schedule

A detailed schedule of events will be developed throughout 2025.

2.4. Rules

Players may only enter one age category in the singles competition.

3. Technical Details

3.1. Technical Delegate

The Technical Delegate endorsed by UAE Squash Association will be announced in the final version of the guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

3.2. Other Technical Details

4. Equipment & Uniform

3.1. Equipment

Game squash balls, approved by WSF, will be provided for competition. Individuals are advised to bring their own balls for training. Individuals are advised to bring their own water bottles and strapping tape and are responsible for the safekeeping and storage of their own equipment.

3.2. Uniform

Athletes must wear neat Squash clothing in accordance with WSF standards.

5. Awarding

5.1. Medals

The top 3 athletes will be awarded the gold medal, silver medal and bronze medal respectively.

5.2. Ceremonies

- In OMGAD2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
- The medal ceremony will be held after each final.
- The medal ceremony will be conducted in Arabic and English.

6. Protests and Appeals

6.1. Protests

- Competition-related disputes and protests shall be handled according to rules and related regulations of the international association of the sport. If there are no rules regarding such disputes and protests in place, the competitor may first make verbal protest and submit written protest to OMGAD within 30 minutes after the end of a contest.
- No protest can be lodged by any team members or staff against a judging (scoring) decision during the competition period.

6.2. Appeals

- Based on the principle of trust, the Organizer will not take the initiative to review the grade of athletes upon registration. Matters regarding athlete qualifications and grades should be submitted to the Organizer with relevant supporting materials before the Games or when the fact occurs. The complaint will be handled in accordance with the rules and relevant regulations of international sports federations and relevant regulations.
- Applications that are not submitted within the stipulated time or with incomplete materials will not be accepted.



7. Doping Control

7.1. Regulations

- Doping Control should be conducted in accordance with WADA World Anti-Doping Code (<https://www.wada-ama.org/en>) and International Masters Games Association (IMGA) Anti-Doping Rules (<https://imga.ch/masterssports/anti-doping>).
- Participants are deemed to have agreed to be subject to doping control procedures in accordance with the International Masters Games Association Anti-Doping Rules upon entry to the competition. Participants must obey antidoping rules and conduct themselves in a considerate manner.

8. Updates

The final version of the competition guide will be released by December 1st. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae