

SAILING SPORT INFORMATION GUIDE

Sailing

Harnessing the wind, sailing is a graceful yet tactical sport that demands coordination, timing, and resilience. Abu Dhabi's clear waters provide the perfect stage for thrilling races.

Competition Dates

Sailing competition for Open Master Games Abu Dhabi 2026 (OMGAD2026) offers four classes for athletes to select to participate including: ILCA 6/7, SB20 and Kitesurfing.

The provisional Sailing competition schedule for OMGAD2026 is as follows:

	February 7 Saturday	February 8 Sunday	February 9 Monday	February 10 Tuesday	February 11 Wednesday	February 12 Thursday	February 13 Friday	February 14 Saturday
ILCA	Training Day				Reserve Day			
SB20	Training Day				Reserve Day			
Kitesurfing								

All dates and times are subject to change, pending final entries received. A detailed schedule by event for each discipline will be developed throughout 2025

ILCA, SB20, Kitesurfing Venue: Abu Dhabi Marine Sports Club

 [Pin Location](#)

The events and age categories for Sailing at Open Masters Games Abu Dhabi 2026 (OMGAD2026) are as follows:

Sport	Discipline	Age Categories
Sailing	ILCA Single (M/F)	Men's: 35+, 45+, 55+, 65+, 75+ Women's: 35+, 45+, 55+, 65+, 75+
	SB20s (M/F/Mixed) Doubles	Men's: 35+, 45+, 55+, 65+, 75+ Women's: 35+, 45+, 55+, 65+, 75+
	Kite Surfing (M/F)	Men's: 35+, 45+, 55+, 65+ Women's: 35+, 45+, 55+, 65+

All athletes shall be aged 35 years or older on the 31 December 2026. Evidence of age will be required at registration. To be eligible to compete, each athlete shall be a financial member of a club or other

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organisation affiliated to a World Sailing Member National Authority. Evidence of membership will be required at registration.

Team structure

Men's, Women's and Mixed entries in a class/age category will race together.

The OMGAD 2026 LOC may decide to split the entries in a class/age category into fleets and sail a qualifying series and a final series.

The OMGAD 2026 LOC may decide that fleets of the same class and different age category will sail together.

Competition format

The regatta will be governed by the rules as defined in World Sailing's Racing Rules of Sailing.

ILCA class rule is restricted as follows: "Only one person (the registered sailor) shall be on board while racing".

SB20 class will be able enter between 2-5 sailors per team.

Each day, succeeding races will start as soon as possible after the previous race.

If the schedule falls behind or if adverse weather is forecast, the schedule may be changed to complete the competition.

Sailing instructions will be published on the OMGAD2026 website after the entry closing date.

Two courses will be set up per day:

- Area A: ILCA 6 (W), ILCA 7 (M) SB20 (M/W)
- Area B: Kitesurf (M), Kitesurf (W) |

Please note that the schedule provides a reserve day as needed in case of wind delays.

Equipment

OMGAD will make boat rentals available. More information on fees and processes to be released in due course. Participants competing in Kitesurfing will need to bring their own equipment/gear.

Technical Delegate

The Technical Delegate who will be endorsed by World Sailing will be announced in the final version of the guide. The technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

Updates

The final version of the competition guide will be released by December 1st. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae

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