

PADEL SPORT INFORMATION GUIDE

Padel

Padel combines the best of tennis and squash into a fast-paced, doubles-only game played in an enclosed court. With quick rallies and tactical shot-making, it's a sport of precision and agility.

Competition dates

Padel competition for Open Masters Games Abu Dhabi 2026 (OMGAD2026) offers each athlete the opportunity to compete in two events: Doubles and Mixed Doubles

The provisional Padel competition schedule is as follows:

	February 7 Saturday	February 8 Sunday	February 9 Monday	February 10 Tuesday	February 11 Wednesday	February 12 Thursday	February 13 Friday	February 14 Saturday
Padel								

All dates and times are subject to change, pending final entries received.

Venue: Abu Dhabi Padel Kingdom

 [Pin Location](#)

The events and age categories for Padel at OMGAD2026 are as follows:

Sport	Discipline	Age Categories
Padel	Competitive (M/F)	30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
	Doubles	
	Mixed Doubles	30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
	Recreational (M/F)	
	Doubles	
	Mixed Doubles	

In line with the sport-specific rules, an athlete must compete in their designated age group, with your age determined as of 31 December 2026. For example, if you turn 40 by 31 December 2026, you will compete in the 40-44 age category. In Padel the age of the youngest player will determine the age category. Each player can participate in one double and one mixed doubles event. Each player can only compete in one age group.

In the case of an insufficient number of players signing up, OMGAD2026 reserves the right to regroup participants in the age category directly beneath them. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category in which they originally entered.

In both doubles and mixed doubles events, matches will follow the format of two tie-break sets using the no-ad scoring system.

Competition format

Matches will be decided on one set. The competition will be round robin or double elimination depending on the number of entries.

Sport Regulations

Competitions will follow the international padel rules as per the UAE Padel Federation and as specified in the sports guide. The competition will also be carried out in accordance with any special requirements of the International Masters Games Association.

Competition rules

Matches in doubles and mixed doubles will be played with two tie-break sets using no added rule & 10-point Match Tie Break. Every player can play one doubles and mixed doubles if the schedule allows.

Equipment

Each player must arrive ready to play in the appropriate kit. Equipment used in the competition must be accepted by the International Padel Federation (FIP).

Technical Delegate

The Technical Delegate endorsed by UAE Padel Federation will be announced in the final version of the Guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

Technical Meeting

A Technical Meeting will take place at the venue prior to the start of the event to introduce the competition.

Updates

The final version of the competition guide will be released by December 1st. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae

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Grade	Gender	Age	08-Feb Sat	09-Feb Sun	10-Feb Mon	11-Feb Tue	12-Feb Wed	13-Feb Thu	14-Feb Fri	15-Feb Sat
Competitive	Male	30+	Round 1, 2 & 3	Semi Finals & Finals						
		40+	Round 1, 2 & 3	Semi Finals & Finals						
		50+	Round 1, 2 & 3	Semi Finals & Finals						
		60+	Round 1, 2 & 3	Semi Finals & Finals						
		35+		Round 1	Round 2	Round 3 & Semi Finals	Finals			
		45+		Round 1	Round 2	Round 3 & Semi Finals	Finals			
		55+		Round 1	Round 2	Round 3 & Semi Finals	Finals			
		65+		Round 1 & 2	Round 3	Semi Finals	Finals			
		70+, 75+		Round 1 & 2	Round 3		Finals			
	Female	30+	Round 1 & 2	Round 3 & Semi Finals	Finals					
		40+	Round 1 & 2	Round 3, Semi Finals & Finals						
		50+	Round 1 & 2	Round 3 & Finals						
		60+	Round 1 & 2	Round 3 & Finals						
		35+			Round 1 & 2	Round 3	Finals			
		45+			Round 1	Round 2 & 3	Finals			
		55+			Round 1	Round 2 & 3	Finals			
		65+		Round 1 & 2	Round 3		Semi Finals & Finals			
		70+, 75+		Round 1 & 2	Round 3		Finals			
Recreational	Male	30+	Round 1, 2 & 3	Semi Finals & Finals						
		40+	Round 1, 2 & 3	Semi Finals & Finals						
		50+	Round 1, 2 & 3	Semi Finals & Finals						
		60+	Round 1, 2 & 3	Semi Finals & Finals						
		35+		Round 1	Round 2	Round 3 & Semi Finals	Finals			
		45+		Round 1	Round 2	Round 3 & Semi Finals	Finals			
		55+		Round 1	Round 2	Round 3 & Semi Finals	Finals			
		65+		Round 1 & 2	Round 3	Semi Finals	Finals			
		70+, 75+		Round 1 & 2	Round 3		Finals			
	Female	30+	Round 1 & 2	Round 3 & Semi Finals	Finals					
		40+	Round 1 & 2	Round 3, Semi Finals & Finals						
		50+	Round 1 & 2	Round 3 & Finals						
		60+	Round 1 & 2	Round 3 & Finals						
		35+			Round 1 & 2	Round 3	Finals			
		45+			Round 1	Round 2 & 3	Finals			
		55+			Round 1	Round 2 & 3	Finals			
		65+		Round 1 & 2	Round 3		Semi Finals & Finals			
		70+, 75+		Round 1 & 2	Round 3		Finals			

Competitive	Mixed	30+						Round 1	Round 2 & 3	Semi Finals & Final
		40+						Round 1	Round 2 & 3	Semi Finals & Final
		50+						Round 1 & 2	Round 3	Semi Finals & Final
		60+						Round 1 & 2	Round 3	Semi Finals & Final
		70+, 75+						Round 1 & 2	Round 3	Consolation & Final
		35+						Round 1	Round 2 & 3	Semi Finals & Final
		45+						Round 1	Round 2 & 3	Semi Finals & Final
		55+						Round 1 & 2	Round 3	Semi Finals & Final
Recreational	Mixed	65+						Round 1 & 2	Round 3	Consolation & Final
		30+						Round 1	Round 2 & 3	Semi Finals & Final
		40+						Round 1	Round 2 & 3	Semi Finals & Final
		50+						Round 1 & 2	Round 3	Semi Finals & Final
		60+						Round 1 & 2	Round 3	Semi Finals & Final
		70+, 75+						Round 1 & 2	Round 3	Consolation & Final
		35+						Round 1	Round 2 & 3	Semi Finals & Final
		45+						Round 1	Round 2 & 3	Semi Finals & Final
		55+						Round 1 & 2	Round 3	Semi Finals & Final
		65+						Round 1 & 2	Round 3	Consolation & Final

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