

OPEN MASTERS GAMES

ABU DHABI 2026

PADEL TENNIS



Updated: October 14, 2025

1. General Information

1.1. Governance

Competitions will follow the international padel rules as per the UAE Padel Federation and as specified in the sports guide. The competition will also be carried out in accordance with any special requirements of the International Masters Games Association.

1.2. Eligibility

In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you turn 40 by 31 December 2026, you will compete in the 40-44 age category.

In Padel, the age of the youngest player will determine the age category.

Health Declaration

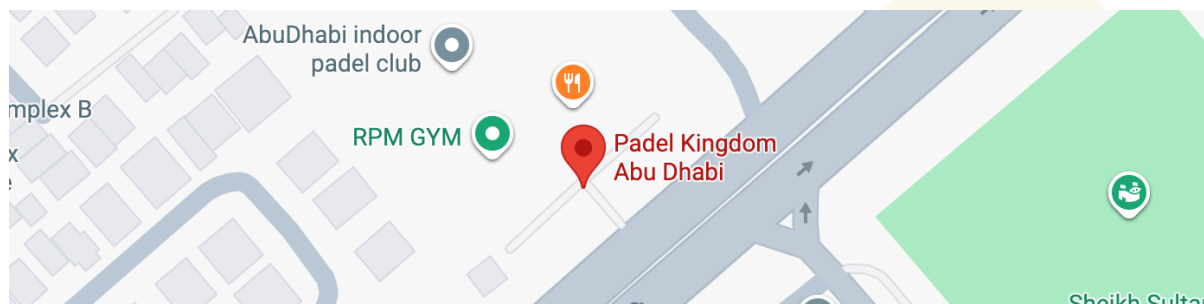
Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in WMG events.

1.3. Dates

	Feb 7	Feb 8	Feb 9	Feb 10	Feb 11	Feb 12	Feb 13	Feb 14
	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Padel								

1.4. Venue

[Abu Dhabi Padel Kingdom](#)



2. Competition Information

2.1. Disciplines, Events & Grading

Discipline	Grade	Category	
		Gender	Age
Doubles	Competitive	Male	30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
		Female	
	Recreational	Male	
		Female	
Mixed Doubles	Competitive	Mixed	30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+
	Recreational	Mixed	

Grade Definitions

- **Competitive:** This grade is for players with international or national experience or a high standard domestic level.
- **Recreational:** This grade is for players who participate in non-competitive and/or lower grade leagues and for social or casual purposes.

2.2. Format and Groupings

- Each player can participate in one double and one mixed doubles event if the schedule allows.
- Doubles and mixed doubles pairs should enter the grade of the higher level player.
- Each player can only compete in one age group.
- In both doubles and mixed doubles events, matches will follow the format of two tie-break sets using the no-ad scoring system.
- Matches will be decided on one set.
- The competition will be round robin or double elimination depending on the number of entries.
- Matches in doubles and mixed doubles will be played with two tie-break sets using no added rule & 10-point Match Tie Break.

In the case of an insufficient number of players signing up, OMGAD2026 reserves the right to regroup participants in the age category directly beneath them. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category in which they originally entered.

3. Technical Details

3.1. Technical Delegate

The Technical Delegate endorsed by UAE Padel Federation will be announced in the final version of the Guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

3.2. Other Technical Details

A Technical Meeting will take place at the venue prior to the start of the event to introduce the competition.

4. Equipment & Uniform

4.1. Equipment

Equipment used in the competition must be accepted by the International Padel Federation (FIP).

OMGAD will provide Wilson match balls.

4.2. Uniform

Each player must arrive ready to play in the appropriate playing kit.

5. Awarding

5.1 Medals

The top 3 athletes will be awarded the gold medal, silver medal and bronze medal respectively.

5.2. Ceremony

- In OMGAD 2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
- The medal ceremony will be held after each final.
- The medal ceremony will be conducted in Arabic and English.

6. Updates

The final version of the competition guide will be released by December 1st. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae