

JUDO SPORT INFORMATION GUIDE

Judo

Built on the principles of balance, timing, and respect, Judo tests competitors in throws and holds. Masters athletes will demonstrate their mastery of this Olympic martial art in spirited contests.

Competition dates

The Judo competition at Open Masters Games Abu Dhabi 2026 (OMGAD2026) will follow various formats depending on the number of participants per weight and age category. These may include round-robin, best-of-three, or double-elimination structures to ensure fair and competitive matchups.

The provisional Judo competition schedule is as follows:

February 7 th Saturday	February 8 th Sunday	February 9 th Monday

All dates and times are subject to change, pending final entries received. A detailed schedule for each age category will be developed throughout 2025.

Venue: Mubadala Arena, Abu Dhabi

 [Pin Location](#)

Competition information

The OMGAD2026 Judo competition involves the events in the following weight and age categories:

Event	Weight Category	Age Categories
Men's	60kg 66kg 73kg 81kg 90kg 100kg +100kg	30+, 40+, 50+, 60+, 70+
Women's	48kg 52kg 57kg 63kg 70kg 78kg +78kg	30+, 40+, 50+, 60+, 70+
Men's Para	60kg 73kg 90kg +90kg	30+, 40+, 50+

Event	Weight Category	Age Categories
Women's Para	48kg 57kg 70kg +70kg	30+, 40+, 50+

Visually impaired athletes will have a separate discipline and will compete separately from athletes with physical disabilities.

Contest duration	
30–39 years	3 minutes
40–49 years	3 minutes
50–59 years	3 minutes
60–64 years	2 minutes 30 seconds
65–69 years	2 minutes 30 seconds
70–74 years	2 minutes

In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you turn 40 by 31 December 2026, you will compete in the 40–44 age category.

The weigh in will be available at the competition venue from the day before and during the competition.

If there are insufficient entries in an age category, categories may be combined to conduct a viable competition. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category in which they originally entered.

By participating in the competition, athletes and teams acknowledge and accept competition rules and regulations. Participation is deemed as full agreement to comply with the decisions of the organising committee and to adhere to any updates or modifications made to the competition guidelines.

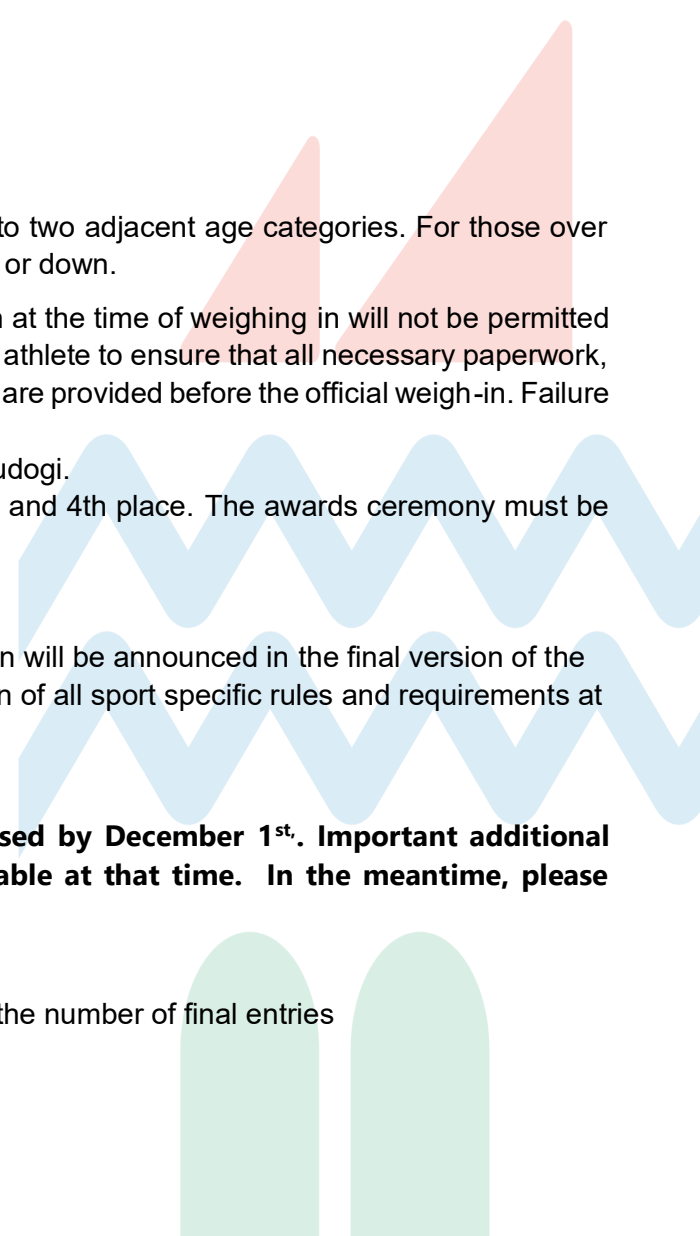
Competition format

The competition format for judo will be as follows:

- With 2 participants, a best-of-three matches format will be used.
- With 3 to 6 participants, the competition will follow a round-robin format with final cross-matches.
- With 7 or more participants, a double-elimination play-off system will be applied.

If there are insufficient entries in each category or weight class, categories may be combined based on weight and age.

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For athletes up to 60 years old, it is permissible to group up to two adjacent age categories. For those over 60, grouping is limited to one adjacent age category either up or down.

Any competitor who fails to submit all required documentation at the time of weighing in will not be permitted to participate in the competition. It is the responsibility of each athlete to ensure that all necessary paperwork, including identification, medical forms, and registration details, are provided before the official weigh-in. Failure to do so will result in disqualification from the event.

All athletes are required to compete in either a white or blue judogi.

Bronze medals will be awarded to the athletes finishing in 3rd and 4th place. The awards ceremony must be attended in a white judogi.

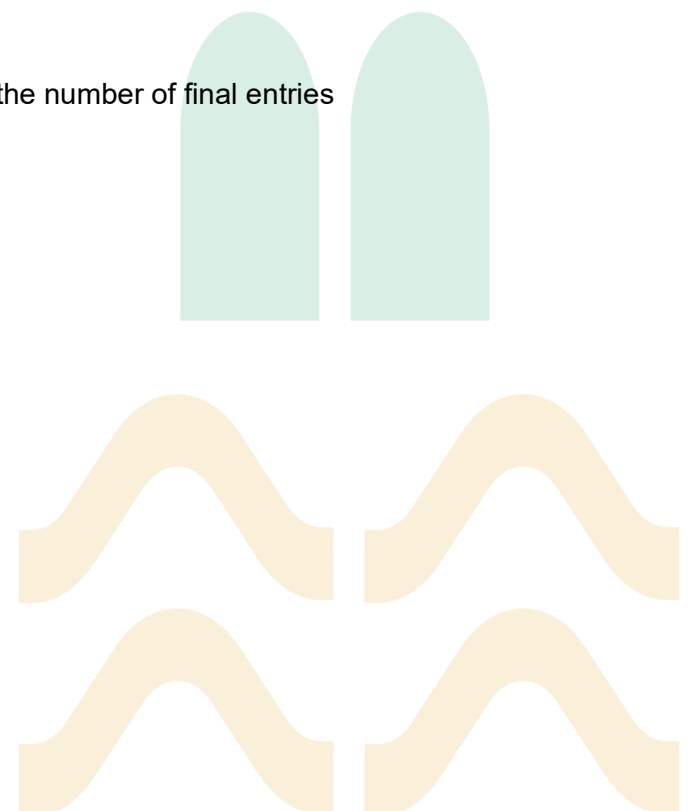
Technical Delegate

The Technical Delegate endorsed by the UAE Judo Federation will be announced in the final version of the guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

Updates

The final version of the competition guide will be released by December 1st. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae

Schedule is preliminary and subject to change depending on the number of final entries



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JUDO

Venue: Mubadala Arena

Gender	Weight	07-Feb	08-Feb	09-Feb
		Sat	Sun	Mon
		Weigh in	Weigh in	Weigh in
Male	-60kg	30+, 40+, 50+, 60+, 70+		
	-66kg	30+, 40+, 50+, 60+, 70+		
	-73kg		30+, 40+, 50+, 60+, 70+	
	-81kg		30+, 40+, 50+, 60+, 70+	
	-91kg			30+, 40+, 50+, 60+, 70+
	-100kg			30+, 40+, 50+, 60+, 70+
	+100kg			30+, 40+, 50+, 60+, 70+
Male PARA	-60kg	30+, 40+, 50+		
	-73kg		30+, 40+, 50+	
	-90kg			30+, 40+, 50+
	+90kg			30+, 40+, 50+
Female	-48kg	30+, 40+, 50+, 60+, 70+		
	-52kg	30+, 40+, 50+, 60+, 70+		
	-57kg		30+, 40+, 50+, 60+, 70+	
	-63kg		30+, 40+, 50+, 60+, 70+	
	-70kg			30+, 40+, 50+, 60+, 70+
	-78kg			30+, 40+, 50+, 60+, 70+
	+78kg			30+, 40+, 50+, 60+, 70+
Female PARA	-48kg	30+, 40+, 50+		
	-57kg	30+, 40+, 50+		
	-70kg		30+, 40+, 50+	