

OPEN MASTERS GAMES

ABU DHABI 2026

Judo



Updated: November 3rd, 2025

1. General Information

Built on the principles of balance, timing, and respect, Judo tests competitors in throws and holds. Masters athletes will demonstrate their mastery of this Olympic martial art in spirited contests.

1.1. Governance

By participating in the competition, athletes and teams acknowledge and accept competition rules and regulations. Participation is deemed as full agreement to comply with the decisions of the organising committee and to adhere to any updates or modifications made to the competition guidelines.

1.2. Eligibility

In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you are 39 years old during the Games time but turn 40 by 31 December 2026, you would compete in the 40-44 age category.

Any competitor who fails to submit all required documentation at the time of weighing in will not be permitted to participate in the competition. It is the responsibility of each athlete to ensure that all necessary paperwork, including identification, medical forms, and registration details, are provided before the official weigh-in. Failure to do so will result in disqualification from the event.

Health Declaration

Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in OMGAD events.

1.3. Dates

February 7 th Saturday	February 8 th Sunday	February 9 th Monday

1.4. Venue

[Mubadala Arena](#)

2. Competition Information

The Judo competition at Open Masters Games Abu Dhabi 2026 (OMGAD2026) will follow various formats depending on the number of participants per weight and age category. These may include round-robin, best-of-three, or double-elimination structures to ensure fair and competitive matchups.

2.1. Disciplines, Events & Grading

Discipline	Category		
	Gender	Weight	Age
Judo	Male	60kg, 66kg, 73kg, 81kg, 90kg, 100kg, +100kg	30+, 40+, 50+, 60+, 70+
	Female	48kg, 52kg, 57kg, 63kg, 70kg, 78kg, +78kg	30+, 40+, 50+, 60+, 70+
Para Judo	Male	60kg, 73kg, 90+kg, +90kg	30+, 40+, 50+
	Female	48kg, 57kg, 70kg, +70kg	30+, 40+, 50+

If there are insufficient entries in an age category, categories may be combined to conduct a viable competition. The awarding of medals will not be affected, that is, individuals will still be awarded medals in the age category in which they originally entered.

For athletes up to 60 years old, it is permissible to group up to two adjacent age categories. For those over 60, grouping is limited to one adjacent age category either up or down.

2.2. Format

The competition format for judo will be as follows:

- With 2 participants, a best-of-three matches format will be used.
- With 3 to 6 participants, the competition will follow a round-robin format with final cross-matches.
- With 7 or more participants, a double-elimination play-off system will be applied.

If there are insufficient entries in each category or weight class, categories may be combined based on weight and age.

Math Duration

Age	Match Duration
30 – 39 years	3 minutes
40 – 49 years	3 minutes
50 – 59 years	3 minutes
60 – 64 years	2 minutes 30 seconds
65 – 69 years	2 minutes 30 seconds
70 – 74 years	2 minutes

2.3. Schedule

JUDO

Venue: Mubadala Arena

Gender	Weight	07-Feb Sat	08-Feb Sun	09-Feb Mon
		Weigh in	Weigh in	Weigh in
Male	-60kg	30+, 40+, 50+, 60+, 70+		
	-66kg	30+, 40+, 50+, 60+, 70+		
	-73kg		30+, 40+, 50+, 60+, 70+	
	-81kg		30+, 40+, 50+, 60+, 70+	
	-91kg			30+, 40+, 50+, 60+, 70+
	-100kg			30+, 40+, 50+, 60+, 70+
	+100kg			30+, 40+, 50+, 60+, 70+
Male PARA	-60kg	30+, 40+, 50+		
	-73kg		30+, 40+, 50+	
	-90kg			30+, 40+, 50+
	+90kg			30+, 40+, 50+
Female	-48kg	30+, 40+, 50+, 60+, 70+		
	-52kg	30+, 40+, 50+, 60+, 70+		
	-57kg		30+, 40+, 50+, 60+, 70+	
	-63kg		30+, 40+, 50+, 60+, 70+	
	-70kg			30+, 40+, 50+, 60+, 70+
	-78kg			30+, 40+, 50+, 60+, 70+
	+78kg			30+, 40+, 50+, 60+, 70+
Female PARA	-48kg	30+, 40+, 50+		
	-57kg	30+, 40+, 50+		
	-70kg		30+, 40+, 50+	

Updated November 3rd

Schedule subject to change

2.4. Rules

By participating in the competition, athletes and teams acknowledge and accept competition rules and regulations. Participation is deemed as full agreement to comply with the decisions of the organising committee and to adhere to any updates or modifications made to the competition guidelines.

3. Technical Details

3.1. Technical Delegate

The Technical Delegate endorsed by the UAE Judo Federation will be announced in the final version of the guide. The Technical Delegate will oversee the implementation of all sport specific rules and requirements at the Games.

3.2. Other Technical Details

4. Equipment & Uniform

3.1. Equipment

3.2. Uniform

All athletes are required to compete in either a white or blue judogi.

5. Awarding

5.1. Medals

The top two athletes will be awarded the gold medal and silver medal, respectively. Bronze medals will be awarded to 3rd and 4th place.

5.2. Ceremonies

- In OMGAD2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
- The medal ceremony will be held after each final.
- The medal ceremony will be conducted in Arabic and English.
- The awards ceremony must be attended in a white judogi.

6. Protests and Appeals

6.1. Protests

- Competition-related disputes and protests shall be handled according to rules and related regulations of the international association of the sport. If there are no rules regarding such disputes and protests in place, the competitor may first make verbal protest and submit written protest to OMGAD within 30 minutes after the end of a contest.
- No protest can be lodged by any team members or staff against a judging (scoring) decision during the competition period.

6.2. Appeals

- Based on the principle of trust, the Organizer will not take the initiative to review the grade of athletes upon registration. Matters regarding athlete qualifications and grades should be submitted to the Organizer with relevant supporting materials before the Games or when the fact occurs. The complaint will be handled in accordance with the rules and relevant regulations of international sports federations and relevant regulations.
- Applications that are not submitted within the stipulated time or with incomplete materials will not be accepted.

7. Doping Control

7.1. Regulations

- Doping Control should be conducted in accordance with WADA World Anti-Doping Code (<https://www.wada-ama.org/en>) and International Masters Games Association (IMGA) Anti-Doping Rules (<https://imga.ch/masterssports/anti-doping>).
- Participants are deemed to have agreed to be subject to doping control procedures in accordance with the International Masters Games Association Anti-Doping Rules upon entry to the competition. Participants must obey antidoping rules and conduct themselves in a considerate manner.



8. Updates

The final version of the competition guide will be released by December 1st. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae