

OPEN MASTERS GAMES

ABU DHABI 2026

CYCLING



Updated: November 28, 2025

1. General Information

1.1. Governance

The OMGAD2026 Cycling events will be conducted in line with the competition rules of the Union Cycliste Internationale (UCI), or as otherwise specified in this document.

1.2. Eligibility

In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you are 39 years old during the Games time but turn 40 by 31 December 2026, you would compete in the 40-44 age category.

To enter in a Para-Sport event at the Games, you must be able to meet minimum disability criteria. Please review the Para-Sport Classification requirements in the Para-Sports Information Guide and where an athlete has an existing recognised national or international classification, please indicate this as part of the registration process. If an athlete cannot meet these requirements, registration will be transferred to the open section of the competition.

Health Declaration

Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in OMGAD events.

1.3. Dates

	February 12 Thursday	February 13 Friday	February 14 Saturday
Individual Time Trial	Practice		
Road Race			

1.4. Venue

[Hudayriyat Island, Abu Dhabi](#)

2. Competition Information

2.1. Disciplines, Events & Grading

Discipline	Distance	Category		
		Classification	Gender	Age
Road Race	40km	N/A	Female	40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+
	80km ⁱ		Female	30+, 35+
			Male	30+, 35+, 40+, 45+, 50+, 55+, 60+, 65+, 70+, 75+, 80+, 85+
Para Road Race	40km	H1, H2, H3, H4 and H5	Male	35+, 55+
	80km	C1, C2, C3, C4 and C5	Female	
Individual Time Trial	10km	N/A	Male	65+, 70+, 75+, 80+, 85+
			Female	60+, 65+, 70+, 75+, 80+, 85+
	15km		Male	50+, 55+, 60+
			Female	30+, 35+, 40+, 45+, 50+, 55+
	20km		Male	30+, 35+, 40+, 45+
Para Individual Time Trial	15km	H1, H2, H3, H4 and H5	Male	35+, 55+
		C1, C2, C3, C4 and C5	Female	

2.2. Format

The OMGAD2026 Cycling competition consists of two disciplines: Road Race and Individual Time Trial.

2.3. Schedule

Events in Road will be conducted during daylight hours, with Road events commencing no earlier than 0700 hrs.

2.4. Rules

For Road Race, the event distance each athlete can compete in is also determined by their age group.

Depending on the number of athletes registered, the Organizer reserves the right to modify age categories and race levels as deemed necessary, to conduct a viable competition. However, the awarding of medals will be based on the age category or race level in which athletes were originally signed up for.

3. Technical Details

3.1. Technical Delegate

The Technical Delegate, endorsed by UAE Cycling Federation, will oversee the implementation of all sport specific rules and requirements at the Games.

3.2. Other Technical Details

4. Equipment & Uniform

4.1. Equipment

- The competition equipment used by riders must comply with the equipment regulations and provisions of the UCI.
- Riders shall return timing chips after finishing races, additional fee will be charged as lost or failing to return it.
- Riders may rent bicycles from Open Masters Games partner, Wolfi's, at the competition venue. <https://wolfis.ae/>

4.2. Uniform

- Riders are not allowed to wear the Champion jerseys of UCI World Championships and Continental Championships, but there are no restrictions on other jerseys.
- Riders are obliged to compete with bicycles, helmets, shoes, and accessories (including water bottles and strapping tape) that conform to the relevant regulations of the UCI.
- The supplied bibs shall be attached securely and worn as directed. The number may not be folded or reduced in size and shall be in full view.

- Riders participating in the Road Race shall wear two bibs, one shall be attached to the centre of the lower back on the rider's jersey while the other shall be attached on the left side of the body. For Individual Time Trial, only one bib shall be worn

4.3. Other Regulations

- All risks associated with equipment storage are to be assumed by the riders themselves.
- The Organizer will set up a bicycle maintenance station where riders can have their bicycles repaired in case of component or equipment malfunctions, such as wheels, saddles, handlebars, etc. Additional charges will apply for any consumables or materials used during the repair.

5. Awarding

5.1. Medals

The top 3 athletes will be awarded the gold medal, silver medal and bronze medal respectively.

5.2. Ceremonies

- In OMGAD2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
- The medal ceremony will be held after each final.
- The medal ceremony will be conducted in Arabic and English.

6. Protests and Appeals

6.1. Protests

- Competition-related disputes and protests shall be handled according to rules and related regulations of the international association of the sport. If there are no rules regarding such disputes and protests in place, the competitor may first make verbal protest and submit written protest to OMGAD within 30 minutes after the end of a contest.

- No protest can be lodged by any team members or staff against a judging (scoring) decision during the competition period.

6.2. Appeals

- Based on the principle of trust, the Organizer will not take the initiative to review the grade of athletes upon registration. Matters regarding athlete qualifications and grades should be submitted to the Organizer with relevant supporting materials before the Games or when the fact occurs. The complaint will be handled in accordance with the rules and relevant regulations of international sports federations and relevant regulations.
- Applications that are not submitted within the stipulated time or with incomplete materials will not be accepted.

7. Doping Control

7.1. Regulations

- Doping Control should be conducted in accordance with WADA World Anti-Doping Code (<https://www.wada-ama.org/en>) and International Masters Games Association (IMGA) Anti-Doping Rules (<https://imga.ch/masterssports/anti-doping>).
- Participants are deemed to have agreed to be subject to doping control procedures in accordance with the International Masters Games Association Anti-Doping Rules upon entry to the competition. Participants must obey antidoping rules and conduct themselves in a considerate manner.

8. Updates

The final version of the competition guide will be released by December 15th. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae

ⁱ 120km race removed from event program (06/11)