

BASKETBALL SPORT INFORMATION GUIDE

Basketball

Teamwork and athleticism shine in basketball, a dynamic sport of passes, dribbles, and slam dunks. Masters athletes will bring intensity and flair to the full-court game.

Competition dates

The provisional Basketball competition schedule for the Open Masters Games Abu Dhabi 2026 (OMGAD2026) is as follows:

Date	February 7 Saturday	February 8 Sunday	February 9 Monday	February 10 Tuesday	February 11 Wednesday	February 12 Thursday	February 13 Friday	February 14 Saturday
Basketball								

The preliminary detailed schedule of events is below but is subject to change pending final entries received.

The final detailed schedule of events will be released after the registration deadline.

BASKETBALL

Venue: ADNEC

Grade	Gender	Age	07-Feb Sat	08-Feb Sun	09-Feb Mon	10-Feb Tue	11-Feb Wed	12-Feb Thu	13-Feb Fri	14-Feb Sat
Competitive	Male	35+	Round 1 & 2	Round 3 & Semi Finals	Final & 3rd Place					
		45+	Round 1 & 2	Round 3 & Semi Finals	Final & 3rd Place					
		55+	Round 1 & 2	Round 3 & Semi Finals	Final & 3rd Place					
		65+	Round 1 & 2	Round 3, Final & 3rd Place						
		75+	Round 1 & 2	Round 3, Final & 3rd Place						
	Female	35+			Round 1 & 2	Round 3 & Semi Finals	Final & 3rd Place			
		45+			Round 1 & 2	Round 3 & Semi Finals	Final & 3rd Place			
		55+		Round 1	Round 2	Round 3 & Semi Finals				
		65+		Round 1	Round 2	Round 3, Final & 3rd Place				
		75+		Round 1	Round 2	Round 3, Final & 3rd Place				
Recreation	Male	35+					Round 1	Round 2	Round 3 & Semi Finals	Final & 3rd Place
		45+					Round 1 & 2	Round 3	Round 3 & Semi Finals	Final & 3rd Place
		55+				Round 1	Round 2	Round 3	Final & 3rd Place	
		65+				Round 1	Round 2	Round 3	Final & 3rd Place	
		75+				Round 1	Round 2	Round 3	Final & 3rd Place	
	Female	35+						Round 1 & 2	Round 3	Semi Finals, Final & 3rd Place
		45+					Round 1	Round 1 & 2	Round 3	Semi Finals, Final & 3rd Place
		55+					Round 1	Round 2	Round 3	Final & 3rd Place
		65+					Round 1	Round 2	Round 3	Final & 3rd Place
		75+					Round 1	Round 2	Round 3, Final & 3rd Place	

Venue: Abu Dhabi National Exhibition Centre (ADNEC)

Pin Location

Competition Format

The divisions and age categories for Basketball at OMGAD2026 are as follows:

Sport	Competition Division	Age Categories
Basketball	Competitive	Men's: 35+, 45+, 55+, 65+, 75+ Women's: 35+, 45+, 55+, 65+, 75+
Basketball	Recreational	Men's: 35+, 45+, 55+, 65+, 75+ Women's: 35+, 45+, 55+, 65+, 75+

The age of the youngest registered team member determines which age category the team will compete in and for the Games, your age is determined as of 31 December 2026.

Competition standards and rules

The OMGAD Basketball event will be conducted in line with the competition rules of the International Basketball Federation (FIBA) and the UAE Basketball Federation.

Grade Definitions

The following grade definitions have been determined for the OMGAD Basketball competition:

- Competitive: This grade is for teams consisting of players with international, national experience or a high standard domestic level. At least two players should have international experience (played for their country). The other team members are expected to be at a state, provincial or elite club player level.
- Recreational: This grade is for those players who participate in non-competitive and/or lower grade leagues and for social and casual purposes.

Format for play

The following format for play has been identified for the OMGAD Basketball competition:

- a) There will be a round robin tournament, with finals and playoff matches to determine final placings. Where sufficient entries are received, teams will be split into two groups of four for preliminary rounds.
- b) Based on the proposed competition format, each team can expect to play a minimum of three games.
- c) Final draw format will be determined once the number of teams are confirmed. To produce a viable draw some grades and ages will be combined at the discretion of OMGAD Basketball competition manager.

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Timing rules

The following timing rules have been identified for the OMGAD Basketball competition:

- a) Competitive games will be 10-minute quarters played with full stop clock.
 - 24 seconds shot clocks will be used.
 - There will be two time-outs per team permitted in the first half and three time-outs in the second half.
 - In the event of a draw at the end of regulation time, a five-minute overtime period will be played. Overtime periods will continue until the winner is determined. The clock will stop for all whistles in the overtime period. One time out per team is permitted in each overtime period.
- b) Recreational games will play 10-minute quarters with running clock. However, the clock will stop for time outs, substitutions, fouls and all whistles in the last three minutes of the fourth quarter.
 - 24 seconds shot clock will not be used. However, where teams are using stalling tactics, the referees may implement a 10 second countdown.
 - There will be two timeouts per team per half.
 - In the event of a draw at the end of regulation time, a two-minute overtime period will be played. Overtime periods will continue until the winner is determined. The clock will stop for all whistles in the overtime period. One time-out per team is permitted in each overtime period.
- c) Pre-Game/ Half Time /Quarter time Breaks
 - A 5-minute (minimum) warm-up period will be allowed prior to the advertised commencement time of each game.
 - A 5-minute half-time break will be permitted and 2-minute breaks between each quarter.
- d) Statistics will not be collected as part of OMGAD. Therefore, no live statistics will be available.

Basketball Technical Meeting

One representative from each team is expected to attend the Basketball Technical Meeting prior to the commencement of the event. Further information will be confirmed closer to the start of the competition.

Technical delegate

The Technical Delegate, endorsed by the UAE Basketball Federation, will oversee the implementation of all sport specific rules and requirements at the Games.

Equipment

Wilson game balls will be provided. The men's competition will use a size seven (7) ball and the women's competition will use a size six (6) ball. Teams are advised to bring their own balls for training. Teams are advised to bring their own water bottles and strapping tape.

Uniforms

All teams are required to wear appropriate uniforms, with legal numbers being 0 - 99. All athletes on the same team must wear team uniforms of the same bold colour.

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The size of the numbers shall be at least 2cms wide; on the back 20cm high and on the front 10cm high.

All teams should have two sets of competition uniforms (dark and light). The first team listed on the schedule will be designated as the home team and will wear the light coloured uniforms. The second team listed on the schedule will be designated as the visiting team and will wear dark uniforms. However, if the two teams involved agree, they may change the colours of their uniforms.

Updates

The final version of the competition guide will be released by December 1st. Important additional information, including the sports schedule will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae

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