

OPEN MASTERS GAMES

ABU DHABI 2026

BASKETBALL



Updated: October 14, 2025

1. General Information

1.1. Governance

The event will be conducted in accordance with the competition rules and provisions of the International Basketball Federation (FIBA), the International Wheelchair Basketball Federation (IWBF) and the UAE Basketball Federation.

1.2. Eligibility

- In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you are 39 years old during the Games time but turn 40 by 31 December 2026, you would compete in the 40-44 age category.
- The age of the youngest registered team member determines which age category the team will compete in. For example, a team with the youngest member at 54 years old should register for the 50+ age category.
- For each team to be confirmed, a minimum of 5 athletes need to be registered, with a maximum of 12 athletes per team. A maximum of 3 accompanying delegation members (a player can be an accompanying delegation member at the same time) with a team.
- It is mandatory for each team to have a manager (they can also additionally serve as a player). Team managers who are not also participating as players may serve as the team manager for multiple teams.

Health Declaration

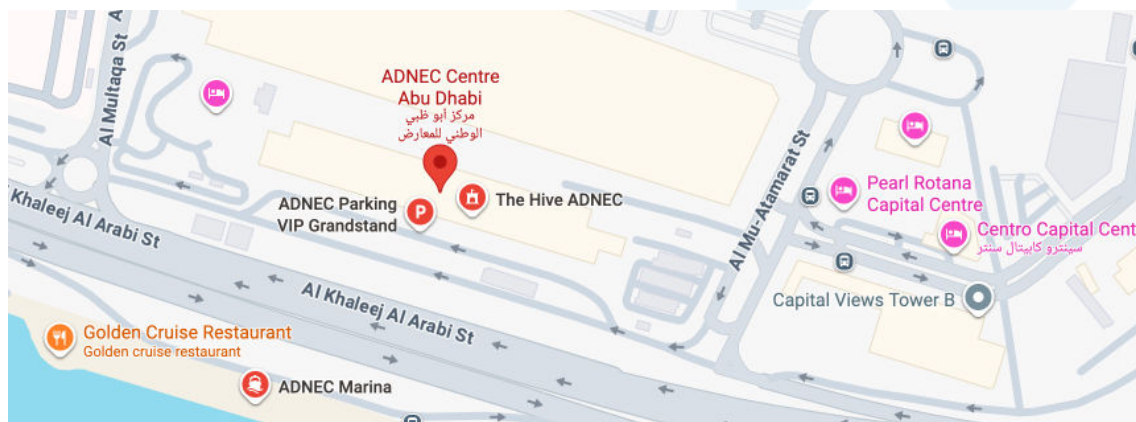
Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in OMGAD events.

1.3.Dates

Date	Feb 7 Saturday	Feb 8 Sunday	Feb 9 Monday	Feb 10 Tuesday	Feb 11 Wednesday	Feb 12 Thursday	Feb 13 Friday	Feb 14 Saturday
Basketball								

1.4.Venue

Abu Dhabi National Exhibition Centre (ADNEC)



2. Competition Information

2.1. Disciplines, Events & Grading

Grade	Categories	
	Gender	Age
Competitive	Male	35+, 45+, 55+, 65+, 75+
	Female	
Recreational	Male	
	Female	

The following grade definitions have been determined for the OMGAD Basketball competition:

- **Competitive:** This grade is for teams consisting of players with international, national experience or a high standard domestic level. At least two players

should have international experience (played for their country). The other team members are expected to be at a state, provincial or elite club player level.

- **Recreational:** This grade is for those players who participate in non-competitive and/or lower grade leagues and for social and casual purposes.

2.2. Format

The following format for play has been identified for the OMGAD Basketball competition:

- There will be a round robin tournament, with finals and playoff matches to determine final placings. Where sufficient entries are received, teams will be split into two groups of four for preliminary rounds.
- Based on the proposed competition format, each team can expect to play a minimum of three games.
- Final draw format will be determined once the number of teams are confirmed.
- To produce a viable draw some grades and ages will be combined at the discretion of OMGAD Basketball competition manager.
- If there's only two competing teams, these will play twice against each other, and a combined result will determine the winner. If both teams have one win, then total points made in two games will determine the winner.

2.3. Determining Places

Each team will be ranked in their group and get points based on their wins and losses. This is as follows:

- Win = 2 points
- Loss = 1 point
- Withdrawal/"no-show": = 0 points

If **two teams** have the same points, the progression will be as follows:

- Head-to-head result
- Points difference if tied on head-to-head

If **more than two teams** have the same points and they all have wins and losses against each other, the ranks shall be determined by the following condition in order:

- Points difference *in the games*
- Highest total points score *in the games*
- Highest score difference *in the group*
- Highest total score *in the group*

2.4. Schedule

A preliminary schedule will be released in November.

BASKETBALL

*Schedule is provisional and will change
 depending on entries
 Updated: 31st Oct

Venue: ADNEC										
Grade	Gender	Age	07-Feb	08-Feb	09-Feb	10-Feb	11-Feb	12-Feb	13-Feb	14-Feb
			Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Competitive	Male	35+	Group Games	Group Games & Semi Finals	Finals					
		45+	Group Games	Group Games & Semi Finals	Finals					
		55+	Group Games	Group Games & Semi Finals	Finals					
		65+	Group Games		Semi Finals	Finals				
		75+		Group Games		Group Games & Semi Finals	Finals			
	Female	35+	Group Games	Group Games & Semi Finals	Finals					
		45+	Group Games	Group Games & Semi Finals	Finals					
		55+	Group Games	Group Games & Semi Finals	Finals					
		65+	Group Games		Semi Finals	Finals				
		75+		Group Games		Group Games & Semi Finals	Finals			
Grade	Gender	Age	07-Feb Sat	08-Feb Sun	09-Feb Mon	10-Feb Tue	11-Feb Wed	12-Feb Thu	13-Feb Fri	14-Feb Sat
Recreational	Male	35+						Group Games		Semi Finals & Finals
		45+						Group Games		Semi Finals & Finals
		55+					Group Games			Semi Finals & Finals
		65+					Group Games		Semi Finals	Finals
		75+				Group Games			Semi Finals	Finals
	Female	35+						Group Games	Group Games & Semi Finals	Finals
		45+						Group Games	Group Games & Semi Finals	Finals
		55+					Group Games			Semi Finals & Finals
		65+					Group Games		Semi Finals	Finals
		75+				Group Games		Semi Final	Final	

2.5. Rules - Timing

The following timing rules have been identified for the OMGAD Basketball competition:

- Competitive games will be 10-minute quarters played with full stop clock.
- 24 seconds shot clocks will be used.
- There will be two time-outs per team permitted in the first half and three time-outs in the second half.
- In the event of a draw at the end of regulation time, a five-minute overtime period will be played. Overtime periods will continue until the winner is

determined. The clock will stop for all whistles in the overtime period. One time out per team is permitted in each overtime period.

Recreational games will play 10-minute quarters with running clock.

- The clock will stop for time outs, substitutions, fouls and all whistles in the last three minutes of the fourth quarter.
- 24 seconds shot clock will not be used. However, where teams are using stalling tactics, the referees may implement a 10 second countdown.
- There will be two timeouts per team per half.
- In the event of a draw at the end of regulation time, a two-minute overtime period will be played. Overtime periods will continue until the winner is determined. The clock will stop for all whistles in the overtime period. One time-out per team is permitted in each overtime period.
- Pre-Game/ Half Time /Quarter time Breaks
- A 5-minute (minimum) warm-up period will be allowed prior to the advertised commencement time of each game.
- A 5-minute half-time break will be permitted and 2-minute breaks between each quarter.

3. Technical Details

3.1. Technical Delegate

The Technical Delegate, endorsed by the UAE Basketball Federation, will oversee the implementation of all sport specific rules and requirements at the Games.

3.2. Other Technical Details

- Statistics will not be collected as part of OMGAD. Therefore, no live statistics will be available.
- One representative from each team is expected to attend the Basketball Technical Meeting prior to the commencement of the event. Further information will be confirmed closer to the start of the competition.

4. Equipment & Uniform

4.1. Equipment

Wilson game balls will be provided. The men's competition will use a size seven (7) ball and the women's competition will use a size six (6) ball. Teams are advised to

bring their own balls for training. Teams are advised to bring their own water bottles and strapping tape.

4.2. Uniform

All teams are required to wear appropriate uniforms, with legal numbers being 0 – 99. All athletes on the same team must wear team uniforms of the same bold colour.

The size of the numbers shall be at least 2cms wide; on the back 20cm high and on the front 10cm high.

All teams should have two sets of competition uniforms (dark and light). The first team listed on the schedule will be designated as the home team and will wear the light-coloured uniforms. The second team listed on the schedule will be designated as the visiting team and will wear dark uniforms. However, if the two teams involved agree, they may change the colours of their uniforms

5. Awarding

5.1. Medals

The top 3 athletes will be awarded the gold medal, silver medal and bronze medal respectively.

5.2. Ceremonies

- In OMGAD2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
- The medal ceremony will be held after each final.
- The medal ceremony will be conducted in Arabic and English.

6. Protests and Appeals

6.1. Protests

- Competition-related disputes and protests shall be handled according to rules and related regulations of the international association of the sport. If there are no rules regarding such disputes and protests in place, the competitor may first make verbal protest and submit written protest to OMGAD within 30 minutes after the end of a contest.

- No protest can be lodged by any team members or staff against a judging (scoring) decision during the competition period.

6.2. Appeals

- Based on the principle of trust, the Organizer will not take the initiative to review the grade of athletes upon registration. Matters regarding athlete qualifications and grades should be submitted to the Organizer with relevant supporting materials before the Games or when the fact occurs. The complaint will be handled in accordance with the rules and relevant regulations of international sports federations and relevant regulations.
- Applications that are not submitted within the stipulated time or with incomplete materials will not be accepted.

7. Doping Control

7.1. Regulations

- Doping Control should be conducted in accordance with WADA World Anti-Doping Code (<https://www.wada-ama.org/en>) and International Masters Games Association (IMGA) Anti-Doping Rules (<https://imga.ch/masterssports/anti-doping>).
- Participants are deemed to have agreed to be subject to doping control procedures in accordance with the International Masters Games Association Anti-Doping Rules upon entry to the competition. Participants must obey antidoping rules and conduct themselves in a considerate manner.

8. Updates

The final version of the competition guide will be released by December 1st. Important additional information, including the sports schedule, will be available at that time. In the meantime, please address all inquiries to: sports@omgad2026.ae

OPEN MASTERS GAMES

ABU DHABI 2026

BASKETBALL 3x3



Updated: October 14, 2025

1. General Information

1.1. Governance

The event will be conducted in accordance with the competition rules and provisions of the International Basketball Federation (FIBA), the International Wheelchair Basketball Federation (IWBF) and the UAE Basketball Federation.

1.2. Eligibility

- In line with the sport-specific rules, an athlete must compete in their designated age group, with their age determined as of 31 December 2026. For example, if you are 39 years old during the Games time but turn 40 by 31 December 2026, you would compete in the 40-44 age category.
- The age of the youngest registered team member determines which age category the team will compete in. For example, a team with the youngest member at 54 years old should register for the 50+ age category.
- For each team to be confirmed, a minimum of 3 athletes need to be registered, with a maximum of 5 athletes per team. A maximum of 3 accompanying delegation members (a player can be an accompanying delegation member at the same time) with a team. 4 players can be named on the match sheet.
- It is mandatory for each team to have a manager (they can also additionally serve as a player). Team managers who are not also participating as players may serve as the team manager for multiple teams.

Health Declaration

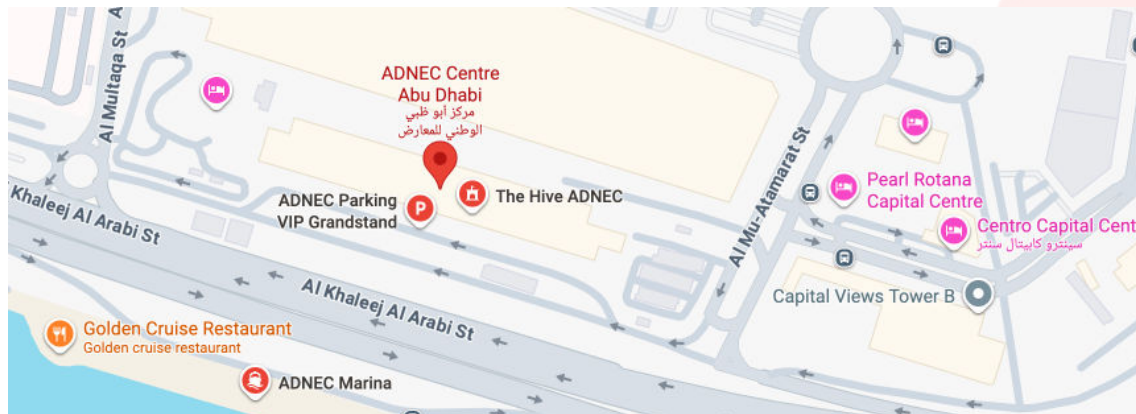
Athletes should carefully evaluate whether their physical condition is suitable for participating in the competition. If they suffer from cardiovascular or other diseases that make them not suitable to engage strenuous exercise, seeking doctor's advice is recommended to evaluate whether they can safely participate in OMGAD events.

1.3. Dates

Date	February 11 th Wednesday	February 12 th Thursday	February 13 th Friday	February 14 th Saturday
Basketball 3x3				

1.4. Venue

[Abu Dhabi National Exhibition Centre \(ADNEC\)](#)



2. Competition Information

2.1. Disciplines, Events & Grading

Discipline	Grade	Categories	
		Gender	Age
	Competitive	Male	35+, 45+, 55+, 65+, 75+
		Female	
	Recreational	Male	
		Female	
Para - Wheelchair	Open	Male	35+, 55+
		Female	

- **Competitive:** This grade is for those players who compete in a high standard of national or 3 regional level basketball, such as amateur in their regional competition, and players who have represented their club or town in state/ province competition.

- **Recreational:** This grade is for those players who participate in non-competitive - or lower grade leagues and for social and casual players.

2.2.Format

The following format for play has been identified for the OMGAD Basketball competition:

- There will be a round robin tournament, with finals and playoff matches to determine final placings. Where sufficient entries are received, teams will be split into two groups of four teams for the group stages.
- Based on the proposed competition format, each team can expect to play a minimum of three games.
- Final draw format will be determined once the number of teams are confirmed. To produce a viable draw some grades and ages will be combined at the discretion of OMGAD Basketball competition manager.

2.3. Determining Places

Each team will be ranked in their group and get points based on their wins and losses. This is as follows:

- Win = 2 points
- Loss = 1 point
- Withdrawal/"no-show": = 0 points

If **two teams** have the same points, the progression will be as follows:

- Head-to-head result
- Points difference if tied on head-to-head

If **more than two teams** have the same points and they all have wins and losses against each other, the ranks shall be determined by the following condition in order:

- Points difference *in the games*
- Highest total points score *in the games*
- Highest score difference *in the group*
- Highest total score *in the group*



2.4. Schedule

Please be aware, that no measures will be put in place to adjust match times in the event of scheduling conflicts or differing match venues between teams sharing a manager.

2.4. Rules

The following timing rules have been identified for the OMGAD Basketball competition:

- Game duration will be 10 minutes or first to score 15 points in the preliminary/group stages and up to 21 points for the finals.
- A 12 second shot clock will be used
- No quarters or half times
- Each team is entitled to one 30-second timeout per game
- When the time ends, the team with higher number of points wins if none of the teams scores 15 or 21 points.
- Overtime will be decided by the first team to score two points
- Substitutions can only be made during dead-ball situations

3. Technical Details

3.1. Technical Delegate

The Technical Delegate, endorsed by the UAE Basketball Federation, will oversee the implementation of all sport specific rules and requirements at the Games.

3.2. Other Technical Details

Statistics will not be collected as part of OMGAD. Therefore, no live statistics will be available.

4. Equipment & Uniform

4.1. Equipment

- For 3x3 basketball, a size six (6) and weight 7 (seven) Wilson FIBA 3x3 basketball will be used.

- Teams are advised to bring their own balls for training.
- Teams are advised to bring their own water bottles and strapping tape.
- The specification of wheelchairs shall follow the IWBF 3x3 international basketball standards.

4.2. Uniform

- Clothing and associated standards shall follow FIBA standards, FIBA 3x3 international basketball rules and IWBF 3x3 international basketball rules.
- All teams shall have two sets of competition uniforms (dark and light color). The front and back of the uniforms shall be of the same color.
- Jerseys must be of the same style and color for all team members. Player numbers (from 1 to 99) must be clearly displayed on both the front and back of the jersey. Displaying player names and team names is optional.
- Shorts must be the same color for the entire team, but styles may vary. Displaying numbers on the shorts is optional; if displayed, the number must match the jersey number.
- Jerseys and shorts may be of different colors.
- Socks must be the same color for the entire team, though styles may vary.
- Protective gear may be of different colors but should primarily be in neutral tones (black, white, or grey).

5. Awarding

5.1. Medals

The top 3 athletes will be awarded the gold medal, silver medal and bronze medal respectively.

5.2. Ceremonies

- In OMGAD2026, athletes are individuals and represent themselves. National flags and anthems will not be included in medal ceremonies.
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Anti-Doping Rules upon entry to the competition. Participants must obey antidoping rules and conduct themselves in a considerate manner.

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